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**FIRST CONTACT PRACTITIONER (PODIATRIST) SERVICE**

**Mr José M. San Román**

* **Care Navigation Service**
* **Telephone consultation 10 minutes**
* **Face-to-face consultation 15 minutes**

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| Inclusion Criteria | Exclusion Criteria |
| Foot and ankle problem including:   * + All soft-tissue injuries, sprains, strains or sports injuries   + Arthropathy (e.g., query Charcot arthropathy, gout)   + In-growing/toenail problem   + Structural deformities   + Problems with muscles, ligaments, tendons or bone (e.g., Achilles tendinitis, heel pain, ankle sprains, pain in the ball of the foot)   + Nerve-related pain in the foot/ankle (e.g., pins and needles/numbness)   + Pain or discomfort during walking or running   + Post-operative foot/ankle pain   + Acute foot ulceration(s) | * Children under 12 years * Acutely/systemically unwell * Medication query |

**Care Navigation Information**

The Doncaster North Primary Care Network is now offering a First Contact Practitioner Podiatry Service lead by Mr José M. San Román which will be based at Askern Medical Practice at The White Wings Centre and Mexborough Montagu Health Centre at The Mexborough Integrated Health Centre.

José’s role is to assess patients who are experiencing any foot and ankle problems as per the service’s Inclusion Criteria.

José is not currently a prescriber but he is able to offer advice and treatment on simple medication and can liaise with the patient’s own GP if necessary. He is also able to request appropriate investigations such as blood tests, x-rays and USSs and refer to other services such as physiotherapy, community podiatry, podiatry surgery, orthotics and other secondary care services.

The FCP Podiatry appointments will allocated per practice list size.

**Care Navigators please ask the following questions and, if the patient fits the criteria, offer them an appointment with the First Contact Practitioner Podiatrist.**

**Patient rings the GP Practice**

**Care Navigation**

What is the problem / reason for your call?

Patient does not feel unwell / have atemperature or flu-like symptoms

Care Navigator books the patient into the FCP Podiatry Service.

Please state reason for appointment when booking.

Call today is regarding a foot and ankle problem